



Small Plates

<u>Soup of the week</u>	6
<u>Buttered Toast</u> - Great snack, simple, just a little something...	1
<u>Queso & Grilled Salsa</u> - Choice of mild or spicy queso, grilled salsa and tortilla chips	7
<u>Mushroom Risotto</u> - creamy Arborio rice with sautéed mushrooms and Chevre	12
<u>Hunan's Spring Rolls</u> - hand rolled pork spring rolls with spicy nuoc mon and sweet soy	7
<u>Mongolian Short Ribs</u> - braised short ribs in a sticky Mongolian BBQ	16
<u>Game Day Queso</u> - the one you can't stop eating	7
<u>Chicken Wings</u> - served with toasted garlic dressing	6EA/8 12EA/14
<u>Marinated Manchego</u> - marinated cheese, topped with crushed almonds, grape tomato	8
<u>Chipotle mac and cheese</u> - Spicy creamy mac and cheese topped w/ habanero jack	10
<u>Roasted Red pepper hummus</u> - served with fresh vegetables and pita	7
<u>Loaded Tots</u> - Crispy tots topped with bacon, green onion and game day queso	8

Sandwiches Etc....

(Add fries, sweet potato fries, tater tots, kettle chips, or fruit \$2.50)

<u>Burger Bar</u> -	\$1 cheese	\$1 proteins	veggies	condiment	
	American	Bacon	Lettuce	Mayo	
	Swiss	Fried Egg	Tomato	Mustard	
	Cheddar	Queso	Onion	Ketchup	
	Pepper Jack		Pickle	Whole Grain Mustard	
<u>Grilled Cheese</u> - cheddar, Swiss and American with seasoned sliced tomatoes					9
<u>Chicken Mushroom</u> - sliced chicken sautéed mushrooms and Swiss on French bread					10
<u>Blackened Chicken Wrap</u> - fresh spinach, grape tomato, asiago and siracha mayo					10
<u>Chicken Salad Sandwich</u> (or sliders) - chicken salad on toasted whole grain bread					10
<u>Turkey and Swiss</u> - lettuce tomato and mayo on toasted whole grain bread					9
<u>Monster B.L.T.</u> on toasted whole grain bread					10
<u>Slider Trio</u> - ham loaf w/ pineapple and sweet soy, chicken Swiss, beef and cheddar					11
<u>Egg Salad</u> - classic favorite with a little heat on wheat toast					7



Please pick your protein, vegetable and starch to design your perfect plate, chilled Poke bowl, or an adventurous stir fry! All starches, fruits and vegetables are \$2.50 each. Proteins are priced specifically.

CHUCK & KORD LIGHT

<u>PROTEIN</u>	<u>STARCH</u>	<u>FRUIT</u>	<u>VEGETABLE</u>
Oz.	¾ C	½ C	1 C
Lean chicken breast 6 oz. 5	steamed brown rice	tomatoes	asparagus
Beef patty 8 oz. 7	grilled sweet potato	pineapple	broccoli
Ahi tuna 4 oz. 7	Basmati rice	grapes	Brussels sprouts
Seared Salmon 4oz. 10		strawberries	spinach
Boiled eggs ea. 2		seasonal fruit	seasonal vegetable
Pork Tenderloin 6oz. 6			jalapenos

Come enjoy happy hour 4 to 7 pm Monday through Friday

Brunch opens at 11am

\$2 MIMOSAS AND \$5 BLOODY'S AVAILABLE

ROTATING BRUNCH SPECIALS AND OMELET BAR